

**FIRST RESPONDER
SCHEDULE**

RESILIENT

**NOV
14**

8-HOUR RESILIENCY INTRO WORKSHOP

Clyde VFD Station (8:00 AM - 5:00 PM)

ORGANIZATIONAL RESILIENCY SPECIALIST (ORS) TRAIN-THE-TRAINER

3-day Course (Location: TBA)

2025

**FEB
24-26**

**APR
28-30**

ICISF GROUP AND INDIVIDUAL CISM CERTIFICATION

3-day Course (Location: TBA)



LIVINGWORKS APPLIED SUICIDE SKILLS INTERVENTION TRAINING

2-day Course (Location: TBA)

**TBA
Q3**



MORE INFO:

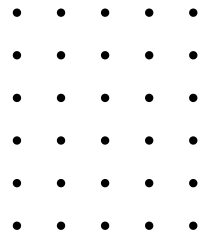
[HTTPS://TINYURL.COM/MU98B254](https://tinyurl.com/mu98b254)



Peer Team Training

ORGANIZATIONAL RESILIENCY SPECIALIST TRAIN-THE-TRAINER

Primary Benefit to Your Peer Team: Resiliency & Peer Support Tactics for Chronic and Critical Stress + A Roadmap for Your Program



What is the philosophy?

- Science of Chronic & Critical Stress
- Actionable Tactics to Build Resiliency
- Every Person a Peer

What is taught?

- Preventative Peer Support & Resiliency Tactics
- Responsive Peer Support & Resiliency Tactics
- How to Build the Program

What will your people leave with?

- Strategic Plan for Program Implementation
- Member Assistance Pathway to guide your program
- Resiliency Tactic Shift Change Mini-Training Modules

Course Cost:

\$12500

Course Duration:

3 Days

Recommended Participants:

20-25

Per Seat Cost

\$425

This course is foundational in building a peer-driven resiliency program within your organization. It equips your people with resiliency and peer support training, a plan for your program, and content they can take back and teach to your department.

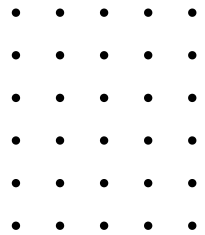
Email support@readinessgrp.com with any questions!



Peer Team Training

ICISF GROUP & INDIVIDUAL CISM CERTIFICATION

Primary Benefit to Your Peer Team: The ICISF Group and Individual CISM Certification is an internationally-recognized certification that equips your team to provide standardized intervention for groups and individuals **following a critical incident**. For more information: [ICISF Website](#)



Who is the instructor?

- Dr. Brenda Tillman, LPC-S, PhD, ICISF Lead Instructor
- Co-Facilitator

20+ Years of Experience

- Activation experience includes 9/11, OKC Bombing, West Explosion, Khobar Towers, and more

Focused on Story

- Training includes stories from hundreds of activations in military and first responder critical incidents

Course Cost:

\$8500

Course Duration:

3 Days

Recommended Participants:

20-25

Per Seat Cost

\$350

When done right, this training has enormous potential to shift the culture towards resiliency in your agency. If done wrong, CISM can leave a sour taste in the mouths of your personnel. We take that responsibility very seriously. You will get the information AND practice it in a way that will ensure that it resonates with your people. At the end of this training, you will have an ICISF CISM-certified team AND a unified approach to CISM that will work within your agency's culture.

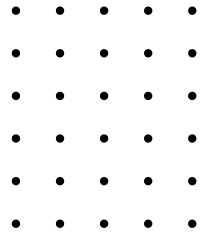
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Peer Team Training

LIVINGWORKS APPLIED SUICIDE SKILLS INTERVENTION TRAINING

Primary Benefit to Your Peer Team: We are often asked to provide suicide awareness training. Our highest recommendation for this training comes from LivingWorks. Their 2-day in-person suicide intervention training, ASIST, is one of our 3 recommended foundational courses for peer team members.



Who is the instructor?

- Subcontractor
- We partner with several ASIST trainers to bring this course to our communities.

What is taught?

- Pathway to Assistance for Life (PAL)
- Clear guidance on how to assist someone with suicidal ideation

What is the best part?

- Hands-on practice with having the conversation that is assessed by the instructor

Course Cost:

Per Instructor

Course Duration:

2 Days

Recommended Participants:

20-25

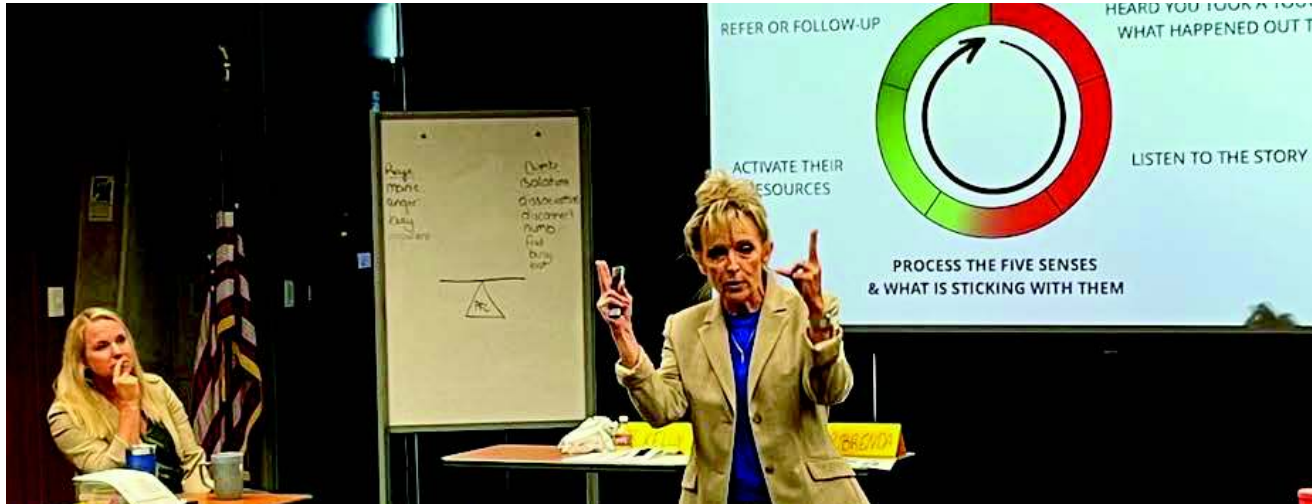
Per Seat Cost

Per Instructor

From LivingWorks: At a LivingWorks ASIST workshop, you'll learn how to recognize when someone may be thinking about suicide, and how to provide a skilled intervention and develop a safety plan with the person to connect them to further support.

Email support@readinessgrp.com with any questions!

RESILIENCY WORKSHOPS FOR THE DEPARTMENT



Science of Trauma

- Physiology of Critical & Chronic Stress
- Every Person a Peer Conversation
- Personal Resiliency Strategy

4 Hours

Resilient Leader

- Science of Trauma
- Learn It Live It Lead It Resiliency
- Using 5 Voices to Support the Program

8 Hours

Family in Flow

- Science of Trauma
- Creating a Family “Why”
- Cultivating a Resilient Family Rhythm

2 Hours

Tactical Health

- Tactical Health Assessment
- Tactical Health Protocol
- Perfecting Your Protocol

4 Hours

All courses are \$300 per workshop hour. Course duration can be modified for a small preparation fee. Custom curriculum for your agency is available! Speak with the RG Team for options.