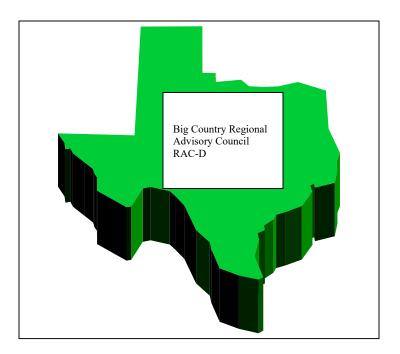
Big Country Regional Advisory Council (BCRAC) Trauma Service Area (TSA) - D Regional Stroke Plan

Big Country Regional Advisory Council 4373 Rio Mesa Drive Abilene, TX 79606

2021



For the state service delivery area including Brown, Callahan, Coleman, Comanche, Eastland, Fisher, Haskell, Jones, Knox, Mitchell, Nolan, Shackelford, Stephens, Stonewall, Taylor and Throckmorton

> Phone: (325) 660-6081 Fax: (877) 412-3701

Table of Contents

| Introduction | |
|--|----|
| Organization | 3 |
| Service Area/ Facilities | 3 |
| Regional Plan | 4 |
| TSA D – EMS Services | 5 |
| RAC Recognized Stroke Capable Facility | 8 |
| Requirements for Texas Stroke Center Designation | 8 |
| Recognition Criteria Clarification | 10 |
| Regional Pre-hospital Medical Oversight & Control | 12 |
| Pre-hospital Triage | 13 |
| Helicopter Activation | 14 |
| Facility Diversion | 14 |
| Facility Bypass | 15 |
| Facility Triage Criteria | 15 |
| Inter-hospital Transfers | 16 |
| System Quality Improvement | 19 |
| BCRAC Stroke PI Form for Hospitals | 21 |
| BCRAC Stroke PI Form for EMS | 22 |
| Guidelines | 23 |
| Exclusion Criteria for tPA | 23 |
| Inclusion Criteria for tPA | 23 |
| RAC-D Pre-Hospital Transport Guidelines for Stroke | 24 |
| Forms | |
| Sample Stroke Record Review Form | 25 |
| RAC-D Hospital Questionnaire for Stroke Readiness / Capability | 27 |
| RAC TSA D Acute Care Facilities Capability Table | 28 |
| Stroke Rural Transport Recommendations | 29 |

Introduction Organization and Service Area

Organization

The Big Country Regional Advisory Committee (RAC-D) is comprised of the Central West Texas counties of **Brown**, **Callahan**, **Coleman**, **Comanche**, **Eastland**, **Fisher**, **Haskell**, **Jones**, **Knox**, **Mitchell**, **Nolan**, **Shackelford**, **Stephens**, **Stonewall**, **Taylor and Throckmorton**. BCRAC represents the Trauma Service Area-D, a geographic area as defined by the Texas Department of State Health Services and is a non-profit organization.

The BCRAC Stroke Committee mission is to provide a comprehensive continuum of quality health care for all stroke victims in TSA-D, through continuing Education, Research, Prevention and Performance Improvement.

Service Area/Facilities

The BCRAC Service Area is comprised of fifteen (15) rural counties and one (1) urban county (Taylor). Located in Taylor County, Abilene is home to 117,000 residents with Taylor County estimated population at 127,690 residents. Abilene is a regional commerce center for residents of west central Texas. The area economy is based on agriculture, oil and gas production, education, and manufacturing. Of the top 20 largest employers in Abilene, 5 are directly involved in health care in some format and employ a minimum of 5,000 employees at any given time. Located three hours from Dallas/Fort Worth and four hours from San Antonio, Abilene serves a regional trade area and is considered the *primary catchment area* for our EMS system. Abilene is home to Dyess Air Force Base, home of the B-1 bomber squadron, which employs some 6,000 civilian and military personnel. The population in the remaining fifteen county service area is estimated at 166,388 for a total service area population of 294,078. Individual counties and estimated populations in this service area include*:

| COUNTY | POPULATION | SQ. MILES | HOSP./TRAUMA LEV. |
|--------------|------------|-----------|------------------------------------|
| Taylor | 127,690 | 917 | Hendrick Medical Ctr North -III |
| - | | | Hendrick Medical Ctr South -IV |
| Brown | 38,664 | 936 | Hendrick Medical Ctr Brownwood -IV |
| Callahan | 13,516 | 899 | No Hospital |
| Coleman | 8665 | 1277 | Coleman Co. Med. Ctr-IV |
| Comanche | 13,709 | 930 | Comanche Co. Med Ctr-IV |
| Eastland | 18,393 | 924 | Eastland Memorial Hospital-IV |
| Fisher | 4089 | 897 | Fisher Co. Hospital-IV |
| Haskell | 5541 | 901 | Haskell Memorial Hospital-IV |
| Jones | 19,736 | 931 | Anson Gen. Hospital-undesignated |
| Knox | 3781 | 845 | Knox Co. Hospital- IV |
| Mitchell | 9698 | 916 | Mitchell Co. Hospital- IV |
| Nolan | 14,878 | 915 | Rolling Plains Mem Hosp - IV |
| Shackelford | 3167 | 915 | No Hospital |
| Stephens | 9561 | 894 | Stephens Memorial Hosp - IV |
| Stonewall | 1372 | 925 | Stonewall Mem Hosp - undesignated |
| Throckmorton | 1618 | 912 | Throckmorton Co. Hosp - IV |
| TOTALS | 294,078 | 14934 | |

(*Italicized county, population, and square mileage indicates "primary" catchment with all others indicating "secondary" catchment.) Abilene is served by two acute care hospitals. Hendrick Medical Center, a 504 licensed bed, not-for-profit hospital serves as the Level III Lead Trauma Facility for this service area. Hendrick Medical Center South is a 231-bed hospital. Hendrick North and Hendrick South work closely together to provide the optimum in trauma and emergency care throughout the area. With many physicians and dentists practicing multiple specialties, Abilene is widely recognized as a regional medical center. Other specialized medical facilities include: a regional rehabilitation center, geriatric care facilities, wound care centers, a mental health and drug rehabilitation hospital and 10 rural hospitals in the service area that refer patients needing specialized care. There are several institutes of higher learning located in Abilene, among them are Abilene Christian University, McMurry University and Hardin-Simmons University: as well as Texas State Technical College and Cisco Junior College. Affiliation with these higher education facilities as well as local and area paramedic/EMT programs enables students in varying aspects of health care to acquire experience and knowledge by providing one-0n-one patient-caregiver interaction and also serves to promote ongoing communication and interaction between the organizations and provide potential jobs for these students.

| Primary Catchment Area | | | |
|--|--|--|--|
| Secondary Catchment Area with Level IV Facility | | | |
| Secondary Catchment Area with Emergent Access Facility | | | |
| Secondary Catchment with NO facility in county | | | |

| HOSPITALS | | | |
|-----------|-------------------------------|--|--|
| 1. | Hendrick Medical Center North | | |
| | | | |
| 2. | Hendrick Medical Center South | | |
| 3. | Hendrick Medical Center | | |
| | Brownwood | | |
| 4. | Coleman Co. Med Ctr | | |
| 5. | Comanche Co Med Ctr | | |
| 6. | Eastland Memorial Hospital | | |
| 7. | Fisher County Hospital | | |
| 8. | Knox Co. Hospital | | |
| 9. | Mitchell Co. Hospital | | |
| 10. | Rolling Plains Mem Hospital | | |
| 11. | Stephens Memorial Hosp | | |
| 12. | Throckmorton Co. Hospital | | |
| 13. | Anson General Hospital | | |
| 14. | Haskell Memorial Hospital | | |
| 15. | Stonewall Memorial Hospital | | |
| | | | |
| | | | |
| | | | |

Regional Plan

This Plan has been developed in accordance with generally accepted Stroke guidelines and procedures for implementation of a comprehensive Emergency Medical Services (EMS) and Stroke System plan. This plan does not establish a legal standard of care, but rather is intended as an aid to decision-making in general patient care scenarios. It is not intended to supersede the physician's prerogative to order treatment.

TSA D - EMS SERVICES

Citizens EMS

Counties Serviced: Callahan 815 South 2nd Street, Clyde, 79510 EMS Director: Kellie Batangan Email: cems.batangan@gmail.com Phone # 817-915-4581 Fax #325-893-4127 RAC Rep: Kellie Batangan

Air EVAC Abilene

Counties Serviced: Taylor, Nolan, Haskell, Jones, Knox, Throckmorton, Fisher, Callahan, Stonewall, Shackelford, Runnells 1900 Pine Street, Abilene, 79601 Director: Marta Pagura Email: marta.pagura@air-evac.com Phone # 417-274-9016 Fax # 325-672-2996 RAC Rep: Marta Pagura

Air EVAC Eastland

Counties Serviced: Eastland, Erath, Stephens 9614 I 20 Eastland, 76448 Director: Erik Burleson Email: erik.burleson@air-evac.com Phone # 254-433-1444 RAC Rep: Erik Burleson

<u>City of Cross Plains DBA Cross Plains</u> <u>Emergency Medical Service</u>

Counties Serviced: Callahan, Brown, Eastland, Coleman 116 NW 2nd Street, Cross Plains, 76443 EMS Director: Susan Schaefer Email: susan.schaefer49@gmail.com Phone # 3256653553 Fax #2547254080 RAC Rep: George Matthews

City of Ranger FD-Ems

Counties Serviced: Eastland 500 Loop 254 East, Ranger, 76470 EMS Director: Darrell Fox Email: firechied@randertx.gov Phone # 254-210-3026 Fax #254-647-3398 RAC Rep: Darrell Fox

Comanche County EMS

Counties Serviced: 210 SA. Houston St., Comanche, 76442 EMS Director: Steven Sanford Email: <u>ssanford@comanchecmc.com</u> Phone # 325 356 9110 Fax #325 356 3919 RAC Rep: Steven Sanford

Eastland EMS

Counties Serviced: Eastland 304 S. Daugherty, Eastland, 6448 EMS Director: Gene Wright Email:<u>gene.wright@emhd.org</u> Phone # 254-631-5261 Fax #254-629-3212 RAC Rep: Gene Wright

Eula Volunteer Fire Department

Counties Serviced: Callahan 9070 Farm To Market Road 603, Clyde, 79510 EMS Director: Kellie Batangan Email: cems.batangan@gmail.com Phone # 325-893-5754 Fax #325-893-4127 RAC Rep: Jonathan Roy Galinak

Fisher County Hospital District EMS

Counties Serviced: Fisher County 774 St Hwy 70 N, Rotan, 79546 EMS Director: Chase Jarvis Email: cjarvis@fishercountyhospital.com Phone # 325-735-2256 ext 281 Fax #325-735-3070 RAC Rep: Chase Jarvis

Hamlin County EMS

Counties Served: Hamlin PO Box 400, Hamlin, 79520 EMS Director: Gary Morgenson Email: <u>glm702@sbcglobal.net</u> Phone # 325-576-3646 Fax # 325-576-3797 RAC Rep: Samantha Trevillian

Haskell County Ambulance Service. Inc.

Counties Serviced: Haskell 1300 S 1st, Haskell, 79521 EMS Director: Kara Pierce Email: haskellems@gmail.com Phone # 940-864-3945 Fax #940-864-2575 RAC Rep: Kara Pierce

Knox EMS

Counties Serviced: Knox, Baylor, Haskell, King, Foard 701 SE 5th, Knox City, 79529 EMS Director: Logan Morrow Email: knoxhospital@srccacess.net Phone # 940-657-3535 Fax #940-657-1313 RAC Rep: Logan Morrow

MetroCare Services Abilene-L.P. Counties

Serviced: Taylor, Callahan, Jones, Shackelford 4550 S. 3rd, Abilene, 79605 EMS Director: Louis Aguilar Email: louis.aguilar@amr.net Phone # 325-691-8906 Fax #325-690-0625 RAC Rep: Louis Aguilar

Mitchell County EMS

Counties Serviced: MITCHELL 1602 Chestnut, Colorado City, 79512 EMS Director: Jason Gruben Email: jgruben@mitchellcountyhospital.com Phone # 325-728-3483 Fax #325-728-9153 RAC Rep: Jason Gruben

Native Air of Texas

Counties Serviced: Scurry, Nolan, Kent, Stonewall, Fisher, Mitchell, Howard, Bordan 5305 Etgen Blvd, Snyder, 79549 EMS Director: Shawn Salter Email:shawn.salter@airmethods.com Phone # 325-573-2333 Fax #325-573-2365 RAC Rep: Steven Hobbs

Scurry County EMS

Counties Serviced: Scurry 3902 College Ave., Snyder, 79549 EMS Director: Jason Tyler Email: jason.tyler@co.scurry.tx.us Phone # 325-573-1912 Fax #325-573-0533 RAC Rep: Russel Thomas

Shackelford County EMS

Counties Serviced: Shackelford 840 Gregg St., Albany, 76430 EMS Director: Tina Ulbrich Email: <u>tulbrich@schdtx.com</u> Phone # 3257623313 Fax #3257622342 RAC Rep: Tina Ulbrich

Stamford EMS, Inc.

Counties Serviced: Jones, Haskell, Shackelford, Throckmorton, Stonewall 301 E. Hamilton, Stamford, 79553 EMS Director: Marc Flores Email: emsstamford@gmail.com Phone # 325-338-3871 Fax #325-773-2970 RAC Rep: Kara Pierce

AMR Breckenridge

Counties Serviced: Stephens 200 South Geneva, Breckenridge, 76424 EMS Director: Kenny Hoffman Email: Kenny.hoffman@amr.net Phone #940-322-1506 Ext 104 Fax #254-559-9000 RAC Rep: Kenny Hoffman

Stonewall County EMS

Counties Served: Haskell, Kent, King, Nolan & Stonewall 821 N Washington, Aspermont 79502 EMS Director: Jaffin Durham Email: jaffin.durham@stonewallhospital.org Phone # 432-209-1943 RAC Rep: Jaffin Durham

Sweetwater Fire Department

Counties Serviced: Nolan 900 E. Broadway, Sweetwater, 79556 EMS Director: Grant Madden Email: gmadden@coswtr.orgPhone # 325-235-4304 Fax #325-933-6578 RAC Rep: Grant Madden

Taylor County EMS

Counties Serviced: Taylor County 1458 County Road 314, Abilene, 79606 EMS Director: David Allman Email: david.allman@taylorcountyems.com Phone # 325-733-7098 Fax #888-317-8101 RAC Rep: David Allman

Throckmorton County EMS

Counties Serviced: Throckmorton 802 North Minter, Throckmorton, 76483 EMS Director: Tina Hantz Email: hantztina@windstream.net Phone # 940-849-2151 Fax #940-849-7141 RAC Rep: Tina Hantz

Goal

Recognition of a facility's capability to treat stroke patients within TSA-D based on the State requirements for Stroke Center Designation.

Objectives

- 1. To identify facilities and corresponding level of stroke management within TSA-D.
- 2. To improve patient outcomes through direction of the stroke victim to the most appropriate facility.

Discussion

While it is recognized many of the facilities within TSA-D may elect NOT to seek Stroke Center Designation, in effort to provide the optimum in patient care and thereby improve outcomes, BCRAC has elected to utilize the criteria set forth by the State of Texas for Stroke Center Designation as the foundation in identifying individual facility capabilities.

Requirements for Texas Stroke Center Designations

(A.)The Governor's EMS and Trauma Advisory Council (GETAC) Stroke Committee of the Department of State Health Services (DSHS) Stroke Committee recommend the designation of three levels of state recognized stroke centers/facilities as follows:

Level I: Comprehensive Stroke Centers

Level 2: Primary Stroke Centers

Level 3: Support Stroke Facilities

(B) Each center applying for state Stroke Center/Facility level designation shall meet the following criteria:

- Level 1: Comprehensive Centers ("CSCs") will meet the requirements specified in the Consensus Statement of Stroke on Comprehensive Stroke Centers. (Recommendations for comprehensive Stroke centers: a consensus statement from the Brain Attack Coalition. <u>Stroke.</u> 2005; 36(7):1597-616 Attached to this document for reference). These include, but are not limited by, the following specifications:
 - a. A 24/7 stroke team capability as defined herein plus all of the requirements specified for a Primary Stroke Center
 - b. Personnel with expertise to include vascular neurology, neurosurgery, neuroradiology, interventional neuroradiology/endovascular physicians, critical care specialists, advanced practice nurses, rehabilitation specialists with staff to include physical, occupational, speech, and swallowing therapists, and social workers.
 - c. Advanced diagnostic imaging techniques such as magnetic resonance imaging (MRI), computerized tomography angiography (CTA), digital cerebral angiography and transesophageal echocardiography.
 - d. Capability to perform surgical and interventional therapies such as stenting and angioplasty of intracranial vessels, carotid endarterectomy, aneurysm clipping and coiling, endovascular ablation of AVM's and intraarterial reperfusion.
 - e. Supporting infrastructure such as 24/7 operating room support, specialized critical care support, 24/7 interventional neuroradiology/endovascular support, and stroke registry
 - f. Educational and research program
- 2) Level 2: Primary Stroke Centers ("PSCs") will meet the requirements specified in "Recommendations for the Establishment of Primary Stroke Centers, 2000 June 21; 283 (23):3125-6." They will be able to deliver stroke treatment 24/7. These include, but are not limited by, the following specifications:

- a. 24 hour stroke team
- b. Written care protocols
- c. EMS agreements and services
- d. Trained ED personnel
- e. Dedicated stroke unit
- f. Neurosurgical, Neurological, and Medical Support Services
- g. Stroke Center Director that is a physician
- h. Neuroimaging services available 24 hours a day
- i. Lab services available 24 hours a day
- j. Outcomes and quality improvement plan
- k. Annual stroke CE requirement
- I. Public education program
- 3) Level 3¹: Support Stroke Facilities ("SSFs") provide timely access to stroke care but may not be able to meet all the criteria specified in the Level 1(CSCs) and Level 2 (PSCs) guidelines. They are required to:
 - a. Develop a plan specifying the elements of operation they do meet.
 - b. Have a Level 1 or Level 2 center that agrees to collaborate with their facility and to accept their stroke patients where they lack the capacity to provide stroke treatment.
 - c. Identify in the plan the Level 1 or Level 2 center that has agreed to collaborate with and accept their stroke patients for stroke treatment therapies the SSF are not capable of providing
 - d. Obtain a written agreement between the Level 1 or Level 2 Stroke Center with their facility specifying the collaboration and interactions.
 - e. Develop written treatment protocols which will include at a minimum:
 - 1. Transport or communication criteria with the collaborating/accepting Level 1 or Level 2 center.
 - 2, Protocols for administering thrombolytics and other approved acute stroke treatment therapies.
 - f. Obtain an EMS/RAC agreement that:
 - clearly specifies transport protocols to the SSF, including a protocol for identifying and specifying any times or circumstances in which the center cannot provide stroke treatment; and,
 - 2. specifies alternate transport agreements that comply with GETAC EMS Transport protocols.
 - g. Document ED personnel training in stroke.
 - h. Designate a stroke director (this may be an ED physician or non-Neurologist physician)
 - i. Employ the NIHSS for the evaluation of acute stroke patients administered by personnel holding current certification
 - j. Clearly designate and specify the availability of neurosurgical and interventional neuroradiology/endovascular services.

Document access and transport plan for any unavailable neurosurgical services within 90 minutes of identified need with collaborating Level 1 or 2 Stroke Center.

¹ The designation of a Level 3 Center is defined to allow timely access to acute stroke care that would not otherwise be available such as in rural situations where transportation and access are limited and is intended to recognize those models that deliver standard of care in a quality approach utilizing methods commonly known as "drip and ship" and telemedicine approaches.

(C) Centers or hospitals requesting Level 1, Level 2, or Level 3 state-approved Stroke Center/Facility designation will submit a signed affidavit by the CEO of the organization to the DSHS detailing compliance with the requirements designated in this Rule.

1.) Centers or hospitals seeking Level 1 CSC or Level 2 PSC state-approved Stroke Center designation who submit a copy of that level of certification by state-recognized organizations such as JCAHO shall be assumed to meet the requirements pursuant to this Rule.

2.) Each center or hospital shall submit annual proof of continued compliance by submission of a signed affidavit by the CEO of the organization.

(D) DSHS will publish a list on its website of hospitals or centers meeting state approved criteria and their Stroke Center/Facility designation. This list will also be made available to the state RAC's for EMS transportation plans.

1.) Centers holding JCAHO (Joint Commission Disease Specific Certification) or other state-recognized certification will be specified with an additional qualifier and will be listed prior to listing centers holding similar level designation without formal certification.

(e) If a hospital or center fails to meet the criteria for a state Stroke Center/Facility level designation for more than 6 weeks or if a hospital or center no longer chooses to maintain state Stroke Center/Facility level designation, the hospital shall immediately notify, by certified mail return receipt requesting, the DSHS, local EMS, and governing RAC.

(f) If a hospital is in good standing and on the approved state Stroke Center list, the hospital may advertise to the public its state-approved status and state level designation. A Texas Level 1 (CSC) may use the words, "Texas-approved Level 1 Stroke Center" or "Texas-approved Comprehensive Stroke Center". A Level 2 center may use the words, "Texas-approved Level 2 Stroke Center" or "Texas-approved Primary Stroke Center". A Level 3 Stroke Facility approved by the state may use the words "Texas-approved Level 3 Support Stroke Facility" or "Texas-approved Support Stroke Facility". If the hospital or center is removed from state-approved level Stroke Center/Facility designation, no further public advertising is allowed and existing advertising must, where feasible, be removed from public distribution within 60 days from the date of removal. To the extent that removal of advertisement is infeasible, for example advertisement previously distributed in magazines, newspapers or on the internet, any automatic renewal of such advertisement shall be cancelled upon removal, and no further advertisement in said media shall be pursued.

CRITERIA CLARIFICATION

PERSONNEL

<u>24/7 Physician</u> – A physician in the ED available 24/7. If the physician is not on-site, he/she must be on-call for arrival within 30 minutes.

<u>Stroke Coordinator</u> – A designated Stroke Coordinator is desired for all facilities. In the event the facility elects to not have a designated Stroke Coordinator, each facility is responsible for assigning one individual to gather and submit required data on stroke patients seen or treated at their facility to the CV-RAC on a quarterly basis. The Stroke Coordinator or assigned representative must attend CV-RAC Stroke Committee meetings according to CV-RAC attendance requirements. Other duties for this individual will be entity defined.

Stroke Medical Director – The facility must have a designated Medical Director for stroke protocols.

PROTOCOLS

<u>NIH Stroke Scale Protocol</u> – It is recommended facilities have a written protocol utilizing the NIH Stroke Scale.

tPA Checklist – The facility should utilize the regional tPA Checklist or a similar checklist with the same information.

<u>Thrombolytic Therapy Administration Protocol</u> – This criterion refers to a facility having a written protocol for administering thrombolytics if the facility will be administering thrombolytics.

EQUIPMENT/LAB

<u>24/7 STAT CT</u> – This criterion is desired. This criterion refers to the ability to have a CT completed and read within 45 minutes of arrival to ED.

<u>24/7 Laboratory</u> – This criterion is desired and refers to the facilities ability to have laboratory available 24/7 on-site or oncall within 30 minutes. These labs include but are not limited to PT, PTT, INR, CBC, and CMP.

TRANSFER AGREEMENTS

<u>Agreements with Level I or Level II Stroke Centers</u> - The facility should have written transfer agreements with certified Stroke Centers or facilities in active pursuit of Level I or Level II designation.

<u>Agreements with EMS Providers</u> – The facility should have at least one written agreement with an EMS Provider allowing stroke patients to be treated as priority one/emergent.

EDUCATION

<u>NIH Stroke Scale Education</u> – It is recommended facilities have written protocols outlining NIH Stroke Scale education for all nursing staff and physicians involved in stroke care. This training should be completed on an annual basis.

<u>Other Stroke Education</u> -It is recommended facilities have written protocols outlining stroke education for personnel. At a minimum "Stroke Awareness: Signs and Symptoms" education must be completed annually for facility personnel.

STROKE SYSTEM QI

The facility must have a system to QI stroke cases. Additionally, the facility must participate in CV-RAC Regional Stroke QI.

PUBLIC AWARENESS/EDUCATION

The facility must participate in regional stroke awareness campaigns and other public education activities regarding stroke. CV-RAC will be assisting facilities in meeting this criterion.

Regional Pre-Hospital Medical Oversight & Control

Goal

The goal for Regional Medical Control in TSA-D is multifaceted.

- 1. To ensure strong physician leadership and supervision for pre-hospital care providers in both on-line and off-line functions.
- 2. To secure medical involvement in regional planning and educational program development.
- 3. Provide for the development and implementation of regional protocols and system plan components, as well as in systems evaluation.

Objectives

- 1. To evaluate regional stroke care from a systems perspective, under the direction of representatives of BCRAC medical staff throughout the region.
- 2. To ensure appropriate medical oversight of all pre-hospital care providers through a Quality Improvement (QI) process and other administrative processes.
- 3. To identify and educate regional medical control resources, standardize treatment protocols, and analyze accessibility of medical control resources.
- 4. To identify and educate BCRAC EMS providers and sources of on-line and off-line medical control.

Discussion

The BCRAC region includes both rural and urban hospital and emergency care providers with varying levels of medical capability. There is no single EMS medical director for EMS providers.

<u>Physician Involvement in Regional Plan Development</u> - The BCRAC Stroke Committee includes a minimum of one physician representative and meets on a quarterly basis to conduct its usual business and to review and approve regional planning components, policies, and protocols related to stroke medical care. Any interested BCRAC physician is invited to attend committee meetings.

<u>Medical Direction of Pre-hospital Care Providers</u> - In accordance with DSHS guidelines, all BCRAC pre-hospital care providers function under medical control. Regional EMS providers in RAC-D operate under protocols specific to their service and as approved by the individual providers Medical Directors. Periodic reviews and updates are completed.

<u>Regional Quality Improvement</u> - The BCRAC Performance Improvement Committee meets quarterly to conduct its usual business and to carry out regional quality improvement activities. Stroke Coordinators or assigned personnel will gather data specific to the care of the stroke patient and report the data on a quarterly basis. This data will be correlated and reported to the Performance Improvement Committee as a part of the quarterly BCRAC PI process to review patient care and evaluate outcomes from a systems perspective. (Please see System QI section for more details). QI indicators include a review of all deaths, transfers out of region, and pediatric filters. (See form)

Pre-hospital Triage

Goal

Patients will be identified, rapidly and accurately assessed, and based on identification of their actual or suspected onset of symptoms, will be transported to the nearest appropriate TSA-D stroke facility based on:

National Stroke Association's goals for Stroke Rapid Response™ are to:

- 1. Increase and maintain prehospital providers' knowledge of stroke
- 2. Increase recognition of stroke signs and symptoms on scene
- 3. Increase the occurrence of EMS calls identifying symptoms as "Stroke Alert"
- 4. To facilitate delivery of stroke patients to the nearest appropriate hospitals including recognized stroke centers
- 5. Reduce enroute time and time to treatment

Purpose

In order to ensure the prompt availability of medical resources needed for optimal patient care, each patient will be assessed for the presence of abnormal vital signs, Cincinnati Stroke Scale, and concurrent disease/predisposing factors.

System Triage

- Patients should be assessed with utilizing a stroke screening tool and for possible large vessel occlusive (LVO) using a stroke severity tool.
- Patients with an onset of stroke symptoms < 4½ hours should be taken to the closest Recognized Stroke Facility for treatment and evaluation for interventional care.
- Unless immediate stabilization (ABC's, cardiac arrest, etc.) is required, patients in TSA-D with an onset of stroke symptoms > 4½ hours or < 24 hours shall be taken to a Primary Stroke Center within TSA-D. If ground transport time to Primary Stroke Center is greater than 30 minutes or if lifesaving interventions (e. g. airway stabilization, chest tube insertion, etc.) are required for safe transport, contact medical control and/or take the patient to the nearest medical facility and call for the helicopter transport to meet you at the closest agreed upon landing zone.

Primary Stroke Center bypass may only occur for the following reasons:

- 1) Patient preference
- 2) Physician Preference
- 3) Paramedic Discretion

Patients with an onset of stroke symptoms > 24hours should be taken to the closest acute care or Support Stroke facility for treatment.

Goal

TSA-D regional air transport resources will be appropriately utilized in order to reduce delays in providing optimal stroke care.

Decision Criteria

- 1. Helicopter activation/scene response should be considered when it can reduce transportation time for patients with onset of symptoms between 3 and 8 hours. Should there be any question whether or not to activate TSA-D regional air transport resources, on-line medical control should be consulted for the final decision.
- 2. Patients meeting criteria for helicopter dispatch should be transported to the nearest Primary Stroke Center.

Facility Diversion

Goal

TSA-D stroke facilities will communicate "facility diversion" status promptly and clearly to regional EMS and other facilities through EMSystem in order to ensure that stroke patients are transported to the nearest appropriate stroke facility.

System Objectives

- 1. To ensure that stroke patients will be transported to the nearest appropriate stroke facility.
- 2. To develop system protocols for regional facility and stroke diversion status (see EMSystem guidelines and protocols):
 - Situations which would require the facility to go on diversion
 - Notification/activation of facility diversion status
 - Procedure for termination of diversion status
- 3. Regional stroke care problems associated with facility diversion will be assessed through the BCRAC Committee QI process.

All facilities and pre-hospital providers will use EMSystem to notify and track of diversion statuses.

Facility Bypass

Goal

Suspected stroke patients will be safely and rapidly transported to the nearest appropriate stroke facility within TSA D.

Decision Criteria

Regional transport protocols ensure that patients who meet the triage criteria for activation of the TSA-D Regional Stroke Plan will be transported directly to the nearest appropriate stroke facility rather than to the nearest hospital except under the following circumstances:

- 1. If unable to establish and/or maintain an adequate airway, the patient should be taken to the nearest acute care facility for stabilization.
- 2. A Support Stroke Facility may be appropriate if the expected onset of symptoms is less than 4½ hours and there is a qualified physician available at the facility's Emergency Department capable of delivering definitive care.
- 3. Medical Control may wish to order bypass in any of the above situations as appropriate, such as when a facility is unable to meet hospital resource criteria or when there are patients in need of specialty care.
- 4. If expected transport time to the nearest appropriate Stroke Facility is excessive (> 30 minutes), medical control or the EMS crew on scene should consider activating air transportation resources.

Note: Should there be any question regarding whether or not to bypass a facility, the receiving facility should be consulted.

Facility Triage Criteria

Goal

The goal of establishing and implementing facility triage criteria in TSA-D is to ensure that all regional hospitals use standard definitions to classify stroke patients in order to ensure uniform patient reporting and facilitate inter-hospital transfer decisions.

Objectives

- 1. To ensure that each stroke patient is identified, rapidly and accurately assessed, and based on identification and classification of their actual or suspected onset of symptoms, transferred to the nearest appropriate TSA-D stroke facility.
- 2. To ensure the prompt availability of medical resources needed for optimal patient care at the receiving stroke facility.
- 3. To develop and implement a system of standardized stroke patient classification definitions.

Discussion

 Patients with an onset of stroke symptoms < 4½ hours should be taken to the closest Recognized Stroke Facility for treatment and evaluation for interventional care.

- Unless immediate stabilization (ABC's, cardiac arrest, etc.) is required, patients in TSA-D with an onset of stroke symptoms is greater than 4½ hours and less than 8 hours should be taken to a Primary Stroke Center within TSA-D.
- Patients with an onset of stroke symptoms > 8 hours should be taken to the closest acute care facility for treatment.

Inter-Hospital Transfers

Goal

The goal for establishing and implementing inter-hospital transfer criteria in TSA-D is to ensure that those stroke patients requiring additional or specialized care and treatment beyond a facility's capability are identified and transferred to a Primary or Comprehensive Stroke Center as soon as possible.

Objectives

- 1. To ensure that all regional hospitals make transfer decisions based on standard definitions which classify stroke patients according to TSA-D facility triage criteria.
- 2. To identify stroke treatment and specialty facilities within and adjacent to TSA-D.
- 3. To establish treatment and stabilization criteria and time guidelines for TSA-D patient care facilities.

Discussion

The level of stroke care resources required for stroke patients is outlined in the TSA-D facility triage criteria and pre-hospital triage criteria. When a suspected stroke patient is identified activation of a Code Stroke shall be initiated. A transferring facility shall state that the patient is a "Code Stroke" when calling EMS and the accepting Primary Stroke Center.

Level A Stroke – stroke symptom onset of less than 3 hours

Level B Stroke - stroke symptom onset of greater than 3 hours and less than 24 hours

Level C Stroke - stroke symptom onset of greater than 24 hours

The time guideline for suspected stroke patient transfers in TSA-D is as follows:

- Level B stroke patients are recommended to be <u>immediately transported to a Primary Stroke Center within</u>
 TSA D
- Level A Stroke patients may be initially transported to the closest stroke facility for initial treatment and consideration of interventional treatment.
- Level C Stroke patients should be transported to the closest acute care facility

These criterions (see attached Regional Stroke Form) are monitored through the regional QI program.

<u>Identification of Stroke Patients & Stroke Transfers</u> - Stroke patients and their treatment requirements for optimal care are identified in the TSA-D facility triage criteria and pre-hospital triage criteria. Written transfer agreements are available between all TSA-D hospital facilities, and hospital facilities in adjacent regions. Stroke patients with special needs may be initially transferred to a Primary Stroke Center for assessment and treatment. When resources beyond its capability are needed, transfer to another stroke designated facility outside TSA D should be expedited. The TSA-D initial-receiving

hospitals may also choose to transfer patients with special needs directly to these facilities, bypassing the Primary Stroke Centers when appropriate.

| Level 2 (Primary) Stroke Centers | |
|--|--|
| Hendrick Medical Center North - Abilene | |
| Hendrick Medical Center South – Abilene | |
| Regional Stroke Support Facilities | |
| Hendrick Medical Center Brownwood – Brownwood | |
| Coleman County Medical Center - Coleman | |
| Comanche County Medical Center -Comanche | |
| Eastland Memorial Hospital – Eastland | |
| Fisher County Hospital – Rotan | |
| Knox County Hospital – Knox City | |
| Mitchell County Hospital – Colorado City | |
| Rolling Plains Memorial Hospital – Sweetwater | |
| Stephens Memorial Hospital – Breckenridge Throckmorton County Hospital - Throckmorton | |
| | |
| Emergent Access Facilities | |
| Anson General Hospital – Anson | |
| Haskell Memorial Hospital – Haskell | |
| Stonewall Memorial Hospital - Aspermont | |
| No Hospital | |
| Callahan County | |
| Shackelford County | |

Below are lists of possible facilities that may be utilized outside TSA D. These facilities are identified as within 250 miles of TSA-D Lead Facility in Abilene.

- Current Joint Commission Primary Centers: 2
- Hendrick Medical Center North
- Hendrick Medical Center South

UT Southwestern Medical Center 5323 Harry Hines Blvd Dallas, Tx 75390 214-648-3111

Baylor University Medical Center 3500 Gaston Avenue Dallas, TX 75246 214-820-0111

Harris Methodist Fort Worth Hospital 1301 Pennsylvania Avenue Fort Worth, **TX** 76104 817-250-2000 Medical Center of Arlington 3301 Matlock Road Arlington, TX 76015 817-472-4850

North Austin Medical Center 12221 MoPac Expressway North Austin, TX 78758 512-901-1000

Seton Medical Center Austin Austin, TX 78705 512-324-7554 **St. David's Hospital** 919 East 32nd Street Austin, **TX** 78705 512-544-7111

Providence Health Services of Waco 6901 Medical Parkway Waco, TX 76712 254-202-2000

Tarrant County Hospital District 1500 South Main Street Fort Worth, **TX** 76104 817-927-3890 University Medical Center at Brackenridge 601 East 15th Street Austin, TX 78701 512-324-7554

United Regional Health Care System 1600 11th Street Wichita Falls, **TX** 76301 940-764-3062

• Other Stroke Centers outside TSA-D

Texas Neurosciences Institute @ Methodist Hospital 4410 Medical Drive San Antonio, TX 78229 210-575-6500

Covenant NeuroScience Institute

3610 22nd Street Suite 301 Lubbock, Texas 79410 806.725.0999

<u>Stroke Patient Transport</u> - Stroke patients in TSA-D are transported according to patient need, availability of air transport resources, and environmental conditions. Ground transport via BLS, ALS, or MICU ground ambulance is available throughout the Region. Air Medical transport (fixed and roto wing) is also available in this Region.

Goal

The goals for system quality improvement in TSA-D are to establish a method for monitoring and evaluating system performance over time and to assess the impact of stroke system development.

Objectives

- 1. To identify regional stroke data filters which reflect the process and outcome of stroke care in TSA-D.
- 2. To provide a multidisciplinary forum for stroke care providers to evaluate stroke patient outcomes from a system perspective and to assure the optimal delivery of stroke care.
- 3. To facilitate the sharing of information, knowledge, and scientific data.
- 4. To provide a process for medical oversight of regional stroke and EMS operations.

Discussion

In order to assess the impact of regional stroke development, system performance must be monitored and evaluated from an outcomes perspective. A plan for the evaluation of operations is needed to determine if system development is meeting its stated goals.

<u>Authority</u> - The authority and responsibility for regional quality improvement rests with the Regional Advisory Council. This will be accomplished in a comprehensive, integrated manner through the work of the Medical Oversight, Stroke, and Pre-hospital committees.

<u>Scope & Process</u> - The Stroke Committee will determine the type of data and manner of collection, set the agenda for the QI process within the regularly-scheduled quarterly meetings of the committee, and identify the events and indicators to be evaluated and monitored. Indicator identification will be based on high risk, high volume, and problem prone parameters. Indicators will be objective, measurable markers that reflect stroke resources, procedural/patient care techniques, and or systems/process outcomes.

Occurrences will be evaluated from a system, outcomes prospective and sentinel events will be evaluated on a case-bycase basis. Activities and educational offerings will be presented to address knowledge deficits and case presentations or other appropriate mediums will be designed to address systems and behavioral problems. All actions will focus on the opportunity to improve patient care and systems operation. The results from committee activities will be summarized and communicated to the RAC membership. Problems identified that require further action will be shared with the persons and entities involved, for follow-up and loop closure. Committee follow-up and outcome reports will be communicated on a standard format (please see attached).

All QI activities and committee proceedings are strictly confidential. Individuals involved in performance management activities will not be asked to review cases in which they are professionally involved but will be given the opportunity to participate in the review process.

<u>Data Collection</u> - QI data will be collected by the Stroke Coordinators. Quarterly reports are submitted for each BCRAC hospital facility. Sentinel events will be used to focus attention on specific situations/occurrences of major significance to patient care outcomes.

<u>Confidentiality</u> - All information and materials provided and/or presented during QI meetings are strictly confidential.

BCRAC facility data related to the following QI indicators are reviewed during the quarterly Stroke Committee meetings. See attached QI form. The QI From is reviewed and updated annually. <u>Reporting Quarters.</u>

BCRAC regional QI data-reporting quarters are as follows:

| First Quarter: | Jan-Feb-Mar | Reporting at: | April meeting |
|-----------------|-----------------|---------------|-----------------|
| Second Quarter: | April-May-June | Reporting at: | July meeting |
| Third Quarter: | July-August-Sep | Reporting at: | October meeting |
| Fourth quarter: | Oct-Nov-Dec | Reporting at: | January meeting |

Stroke Performance Improvement Form ~ Hospital ~

| Date: | Reporting Period | Due Date |
|-----------------|---|---------------------|
| Name of Entity: | $(Jan \rightarrow Mar)$ $(Apr \rightarrow Jun)$ | April 15 July 15 |
| Name of Entry. | $(Jul \rightarrow Sep)$ (Oct $\rightarrow Dec$) | Oct 15 Jan 15 |
| Person | | oun ro |

Completing Report:_____

| | | Performance Improvement Criteria / Indicators | | | |
|----------|----------------------------|--|--|--|--|
| 1 | | I number of stroke patients treated at your facility | | | |
| 2 | | I number of stroke patients transferred to hospitals WITHIN RAC-D this quarter | | | |
| 3 | Total | I number of stroke patients transferred to hospitals OUTSIDE RAC-D this quarter | | | |
| 4 | Total | I number of non-traumatic hemorrhages | | | |
| 5 | Num | ber of Transient Ischemic Attacks (TIA) with symptom onset < 8 hours prior to ED arrival | | | |
| 6 | Num | ber of non-traumatic hemorrhages with symptom onset < 8 hours prior to ED arrival | | | |
| 7 | Num | ber of ischemic stroke (infarcts) with symptom onset < 8 hours prior to ED arrival | | | |
| | 7a | How many infarcts had symptom onset < 3 hours prior to ED arrival? | | | |
| | 7b | How many infarcts received tPA within 41/2 hours of symptom onset? | | | |
| | 7c | How many symptomatic hemorrhages occurred with tPA use? | | | |
| | 7d | How many infarcts with symptom onset < 4 ¹ / ₂ hours prior to ED arrival met EXCLUSION CRITERIA FOR tPA? | | | |
| 8 | How | many infarcts or hemorrhages were transferred to a comprehensive or primary stroke center? | | | |
| | 8a | Of the number in 8, how many received tPA before transfer? | | | |
| 9 | Intra | facility time > 90 minutes prior to transfer to higher level of care | | | |
| 10 | Total | I number of deaths due to stroke | | | |
| | Specific Occurrence Report | | | | |
| Age: | | Gender: Chart Identification #: | | | |
| Type of | Stroke | | | | |
| ,, | | Transient Ischemic Attack (TIA) Hemorrhagic Ischemic | | | |
| 🗆 Tran | sfer outs sfer de | tside RAC-K | | | |
| Patient | Outcor | me: | | | |
| Provide | r Discu | | | | |
| Contribu | ting Fa | actors: □ Inadequate system guidelines/ protocols □ Patient left AMA □ Documented DNR □ Hospital diversion □ Other: | | | |
| | | | | | |
| No po | gative ou | Please do not fill in this section – For RAC-K PI Committee Review Utcome Standard of Care Met? Yes / No | | | |
| | | e outcome RAC-D guidelines followed | | | |

| INO negative outcome | Standard of Care Met? Yes / No |
|--------------------------------------|---|
| Minor Negative outcome | RAC-D guidelines followed |
| Significant system performance error | Minor deviation from RAC-D guidelines |
| Major deviation from desired system | Significant deviation form RAC-D |
| performance | guidelines |
| Unable to determine | Major deviation from RAC-D guidelines |
| | Unable to determine |
| Action Plan | |
| No action needed | Hospital / EMS action plan requested |
| Review with hospital or EMS provider | Refer to Texas DSHS |
| Track and Trend | Assign to workgroup |
| Education | Request closed Executive Committee review |
| RAC-K guideline review | Other: |

Performance Improvement Form ~ EMS ~

| Date: | Reporting Period | Due Date |
|-----------------|---|-------------------------------|
| Name of Entity: | $(Jan \rightarrow Mar)$ $(Apr \rightarrow Jun)$ $(Iul \rightarrow Car)$ | April 15 July 15 Oct 15 |
| Person | $(Jul \rightarrow Sep)$ $(Oct \rightarrow Dec)$ | Oct 15 Jan 15 |

Completing Report:_____

| | Performance Improvement Criteria / Indicators | | | |
|---|---|--|--|--|
| 1 | Total number of stroke patients transported this quarter (including transfers) | | | |
| 2 | Total number of stroke patients transferred to hospitals WITHIN RAC-D this quarter | | | |
| 3 | Total number of stroke patients transferred to hospitals OUTSIDE RAC-D this quarter | | | |
| 4 | Total number of patients refusing transport to higher level of stroke center | | | |
| 5 | Total "bypass" occurrences this quarter | | | |
| 6 | Total number of deaths identified as probably due to stroke | | | |
| 7 | Total number of times transport time is > 30 minutes from scene departure to ED arrival | | | |
| 8 | Number of times Air Medical Services requested but unable to respond this quarter. | | | |

| Specific Occurrence Report | | | | | | |
|----------------------------|---|------------------|-------------|----------|--|--|
| Age: | Gender: | Chart Identifica | tion #: | | | |
| Type of Stroke: | | | | | | |
| | Transient Ische | mic Attack (TIA) | Hemorrhagic | Ischemic | | |
| | ansport time > 30 minutes fron | | | | | |
| Transfer outside F | □ Transfer outside RAC-D □ Transport to higher level declined by patient / family □ Death due to stroke | | | | | |
| Patient Outcome: | Patient Outcome: | | | | | |
| | | | | | | |
| Provider Discussion: | | | | | | |
| | | | | | | |
| Contributing Factors: | Contributing Factors: Inadequate system guidelines/ protocols Indecumented DNR | | | | | |
| | □ Hospital diversion □ | Other: | | | | |

| Please do not fill in this section – For RAC-D PI Committee Review | | | |
|--|---|--|--|
| No negative outcome | Standard of Care Met? Yes / No | | |
| Minor negative outcome | RAC-D guidelines followed | | |
| Significant system performance error | Minor deviation from RAC-D guidelines | | |
| Major deviation from desired system | Significant deviation form RAC-D | | |
| performance | guidelines | | |
| Unable to determine | Major deviation from RAC-D guidelines | | |
| | Unable to determine | | |
| Action Plan | | | |
| No action needed | Hospital / EMS action plan requested | | |
| Review with hospital or EMS provider | Refer to Texas DSHS | | |
| Track and Trend Assign to workgroup | | | |
| Education | Request closed Executive Committee review | | |
| RAC-K guideline review | Other: | | |

BIG COUNTRY REGIONAL ADVISORY COUNCIL

| DATE | TIMAT | | | Elleihi | Iter Coltes | | IIC STROKE | |
|-------|-------|--|--|--|--|---|---|--|
| | TIME | Eligibility Criteria Inclusion Criteria for consideration of IV tPA (Alteplase) Treatment | | | | | | |
| | | YES | NO Age Clir Tim | ation Criteria for consideration of IV a 18 or older hical diagnosis of Ischemic Stroke cau te of symptom onset well established te/Time of onset/last known well: | ising a me | easura i than 4 | ble neurologic deficit | |
| | | | | of the above questions is "No" tPA (Al are "Yes" proceed with checklist. | re above questions is "No" tPA (Alteplase) should NOT be administered. "Yes" proceed with checklist. | | | |
| | | 110mach | | sion Criteria for administration of | PA (Alte | plase) | | |
| | | YES | Syn Arta Hist Rec Ele Acta Acta | ive internal bleeding the bleeding diathesis, including but m Platelet count less than 100,000/mm2 Heparin received within 48 hours resultin Current use of anticoagulant with INR Current use of direct thrombin inhibitor laboratory tests (e.g. aPPT, INR*, p od glucose concentration less than 50 | rrhage e in the pr ge 1 than 185 ot limited g in abnor g greater s or direct atelet cou mg/dL (2 | mmH to maily e than 1. factor int, TT, 2.7 mm | s 7 days g or diastolic greater than 110 mmHg) lievated aPPT above the upper limit of normal 7 or PT greater than 15 s Xa inhibitors with elevated sensitive , or appropriate factor Xa activity assays) noVL) | |
| | | | | demonstrates multilobar infarction (h) | modeneith | v. mpat | er than 1/3 cerebrai hemienhere) | |
| | | | the above | demonstrates multilobar infarction (hy questions is marked "Yes" DO NO red Ratio | | | | |
| | | *Internatio | the above nal Normalia Warni | questions is marked "Yes" DO NO red Ratio | T admini | ister tF | | |
| | | *Internatio | the above nal Normalia Warni NO | r questions is marked "Yes" DO NO zed Ratio ings troke severity – too severe | | | PA (Alteplase). Rapid improvement or stroke severity | |
| æ | * | *Internation | the above nal Normalia Warni NO "SI (i.e. "Ta | questions is marked "Yes" DO NO red Ratio ings | T admini YES | NO | PA (Alteplase). | |
| 10 | | YES | the above nal Normalia NO | e questions is marked "Yes" DO NO red Ratio ings troke severity – too severe - NIHSS* >25)** aking oral anticoagulants). Cournadin)** dvanced Age (age >80 yr)** x of Stroke AND Diabetes** chemic injury >1/3 MCA* territory** | T admini YES | NO | PA (Alteplase). Rapid improvement or stroke severity too mild Life expectancy <1 yr or comorbid illness Seizure at onset (deficits are postictal) Left heart thrombus Pregnancy | |
| | | *Internation | the above nal Normalia Warni NO ""SI (i.e.""SI (i.e.""SI | e questions is marked "Yes" DO NO red Ratio ings troke severity – toc severe - NIHSS* >25)** aking oral anticoagulants). Cournadin)** dvanced Age (age >80 yr)** x of Stroke AND Diabetes** chemic injury >1/3 MCA* territory** cose <50 or >400 mg/dL e team unable to determine eligibility reased risk of bleeding due to Acute p uding those secondary to severe rena | YES | NO | PA (Alteplase). Rapid improvement or stroke severity too mild Life expectancy <1 yr or comorbid illness Seizure at onset (deficits are postictal) Left heart thrombus Pregnancy Patient or family refused erial Endocarditis, Hemostatic defects | |
| 10 | | *Internatio | the above nal Normalia Warni NO ""SI (i.e.""SI (i.e.""SI (i.e.""SI (i.e.""SI (i.e.""SI (i.e.""SI (i.e.""S (i.e.""SI (i.e. | e questions is marked "Yes" DO NO red Ratio ings troke severity – toc severe - NIHSS* >25)** aking oral anticoagulants - Cournadin)** dvanced Age (age >80 yr)** x of Stroke AND Diabetes** chemic injury >1/3 MCA* territory** cose <50 or >400 mg/dL e team unable to determine eligibility reased risk of bleeding due to Acute p uding those secondary to severe rena mbophlebitis/ AV cannula OR tPA (Alteplase) FOR PATIENTS fealth Stroke Scale | YES | NO | PA (Alteplase). Rapid improvement or stroke severity too mild Life expectancy <1 yr or comorbid illness Seizure at onset (deficits are postictal) Left heart thrombus Pregnancy Patient or family refused erial Endocarditis, Hemostatic defects tase, hemorrhagic retinopathy, septic | |
| 10 | | *Internatio YES | the above nal Normalia Warni NO ""SI (i.e. ""Ta (e.g ""Ac ""Ho ""Ho ""Ho ""Is " Glu ""Is " Glu " "Inch thro NGIBLE Fit "stitute of H crebral Arte | e questions is marked "Yes" DO NO red Ratio ings troke severity – toc severe - NIHSS* >25)** aking oral anticoagulants). Cournadin)** dvanced Age (age >80 yr)** x of Stroke AND Diabetes** chemic injury >1/3 MCA* territory** cose <50 or >400 mg/dL e team unable to determine eligibility reased risk of bleeding due to Acute p uding those secondary to severe rena imbophlebitis/ AV cannula OR tPA (Alteplase) FOR PATIENTS fealth Stroke Scale ty ge Vessel Occlusion (LVO) AND if t | YES | NO | PA (Alteplase). Rapid improvement or stroke severity too mild Life expectancy <1 yr or comorbid illness Seizure at onset (deficits are postictal) Left heart thrombus Pregnancy Patient or family refused erial Endocarditis, Hemostatic defects tase, hemorrhagic retinopathy, septic OUR WINDOW ptom onset is less than 12 hours, contact | |
| | | *Internatio YES | the above nal Normalia Warni NO ""SI (i.e. ""Ta (e.g ""Ac ""Ho ""Ho ""Ho ""Is " Glu ""Is " Glu " "Inch thro NGIBLE Fit "stitute of H crebral Arte | e questions is marked "Yes" DO NO red Ratio ings troke severity – toc severe - NIHSS* >25)** aking oral anticoagulants - Cournadin)** dvanced Age (age >80 yr)** x of Stroke AND Diabetes** chemic injury >1/3 MCA* territory** cose <50 or >400 mg/dL e team unable to determine eligibility reased risk of bleeding due to Acute p uding those secondary to severe rena imbophlebitis/ AV cannula OR tPA (Alteplase) FOR PATIENTS fealth Stroke Scale | YES | NO | PA (Alteplase). Rapid improvement or stroke severity too mild Life expectancy <1 yr or comorbid illness Seizure at onset (deficits are postictal) Left heart thrombus Pregnancy Patient or family refused erial Endocarditis, Hemostatic defects tase, hemorrhagic retinopathy, septic OUR WINDOW ptom onset is less than 12 hours, contact | |
| ALLER | | *Internatio YES | the above nal Normalia Warni NO ""SI (i.e. ""Ta (e.g ""Ac ""Ho ""Ho ""Ho ""Is " Glu ""Is " Glu " "Inch thro NGIBLE Fit "stitute of H crebral Arte | e questions is marked "Yes" DO NO red Ratio ings troke severity – toc severe - NIHSS* >25)** aking oral anticoagulants). Cournadin)** dvanced Age (age >80 yr)** x of Stroke AND Diabetes** chemic injury >1/3 MCA* territory** cose <50 or >400 mg/dL e team unable to determine eligibility reased risk of bleeding due to Acute p uding those secondary to severe rena imbophlebitis/ AV cannula OR tPA (Alteplase) FOR PATIENTS fealth Stroke Scale ty ge Vessel Occlusion (LVO) AND if t | YES | NO | PA (Alteplase). Rapid improvement or stroke severity too mild Life expectancy <1 yr or comorbid illness Seizure at onset (deficits are postictal) Left heart thrombus Pregnancy Patient or family refused erial Endocarditis, Hemostatic defects tase, hemorrhagic retinopathy, septic OUR WINDOW ptom onset is less than 12 hours, contact | |

STROKE FACILITY GUIDELINES BASED ON STROKE LEVEL

Stroke Level A – Symptom onset < 4¹/₂ hours

IF UNABLE TO COMPLETE ANY ITEM BELOW, IMMEDIATE TRANSFER TO A PRIMARY STROKE CENTER IS RECOMMENDED

- □ STAT non-contrast CT Head
- □ Time to CT: _____ (Door to CT < 25 min)
- □ Time CT resulted: _____ (Door to results < 45 min)
- □ STAT ACCU-check: _____
- □ STAT EKG & continuous cardiac monitoring. Vital signs every 15 minutes w/ neuro checks.
- □ O₂ ____ Lpm, via nasal cannula
- □ Ensure 2 IV lines
- □ STAT lab: CBC, CMP, PT/PTT (Door to results < 45 min)
- □ NIHSS Score: _____
- Review Inclusion Criteria
- Review Exclusion Criteria
- Initiate tPA Administration set
- D Review CUT-OFF TIME, consider administration of Intra-Arterial tPA or MERCI
- D Prepare for IMMEDIATE transfer to Primary Stroke Center

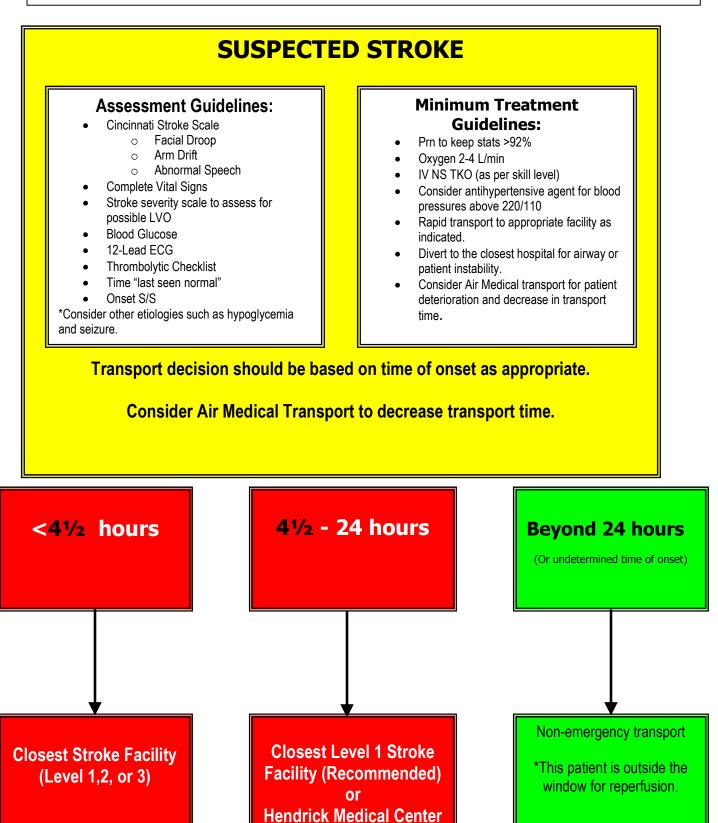
<u>Stroke Level B</u> – Symptom onset 3-8 hours IMMEDIATE TRANSFER TO PRIMARY STROKE CENTER IS RECOMMENDED

- NIHSS Score: _____
- □ STAT ACCU-check: _
- □ Ensure 2 IV lines (however, do not delay transfer
- D Prepare for IMMEDIATE transfer to Primary Stroke Center

Stroke Level C – Symptom onset > 8 hours

- □ STAT non-contrast CT Head
- □ Time to CT: _____ (Door to CT < 60 min)
- Time CT resulted: _____ (Door to results < 120 min)
- □ STAT ACCU-check: ____
- □ STAT EKG & continuous cardiac monitoring. Vital signs every 15 minutes w/ neuro checks.
- □ O₂ _____ Lpm, via nasal cannula
- □ Ensure 2 IV lines
- □ STAT lab: CBC, CMP, PT/PTT (Door to results < 45 min)
- □ NIHSS Score: ___
- □ Admission/Transfer

BCRAC PREHOSPITAL TRANSPORT GUIDELINES FOR STROKE



Sample Stroke Record Review Form

| Name: | Medical Record #: | | |
|--|-----------------------------|----|-----|
| Admit Date: | Discharge Date: | | |
| Pre-Hospital | Yes | No | N/A |
| Hospital Transfer? Yes / No | | | |
| Transferring Hospital: | | | |
| Transport Agency: | | | |
| Absence of ambulance report on medical record for patient transported by pr | e-hospital EMS personnel. | | |
| Absence of Cincinnati Prehospital Stroke Scale with documented findings as elements | normal or abnormal in all 3 | | |
| Absence of documentation of established time "last seen normal" | | | |
| Absence of documentation of established time of onset of stroke like signs / s | symptoms | | |
| Absence of documentation of blood glucose | | | |
| Emergency Department | Yes | No | N/A |
| ED physician not present within 10 minutes of patient presentation with strok | e like signs / symptoms | | |
| Absence of NIHSS | | | |
| Incomplete diagnostic workup | | | |
| Time from patient arrival to "Back from CT" > 25 minutes | | | |
| Time of "CT results notified to ED physician" > 45 minutes | | | |
| Absence of tPA eligibility checklist | | | |
| ED length of stay > 180 minutes | | | |
| Thrombolytic Therapy | Yes | No | N/A |
| IV thrombolytic started > 60 minutes from patient arrival | | | |
| IV thrombolytic started > 4½ hours from "last time normal" | | | |
| Incomplete vital signs (V/S with NIHSS q15 x 2-hours followed by q30 x 6-ho thrombolytic | urs) in patient receiving | | |
| Absence of consent form when tPA given | | | |
| Absence of documented reason no tPA given | | | |
| Admissions | Yes | No | N/A |
| Admitted to non-stroke unit | | | |
| Absence of Neurological Consultation | | | |
| Absence of DVT screen | | | |
| Complications / Hemorrhage from tPA administration | | | |
| Stroke death | | | |

| Transfers | Yes | No | N/A |
|---|-----|----|-----|
| Hospital Transfer? Yes / No Receiving Hospital: | | | |
| Delay in transfer > 30 mimutes after acceptance for patient being transported by ground EMS | | | |
| Delay in transfer > 60 minutes after acceptance for patient being transported by Air EMS | | | |
| Patient transferred to non-designated facility without justified documentation | | | |

Notes:_____

| Refer to Peer Review Refer to Deparment Manager Refer to Stroke Medical Director Refer to BCRAC Stroke / PI committee | Refer to Stroke Medical Director |
|--|----------------------------------|
|--|----------------------------------|

Record Reviewed By (signature)

Stroke Medical Director Review (signature)

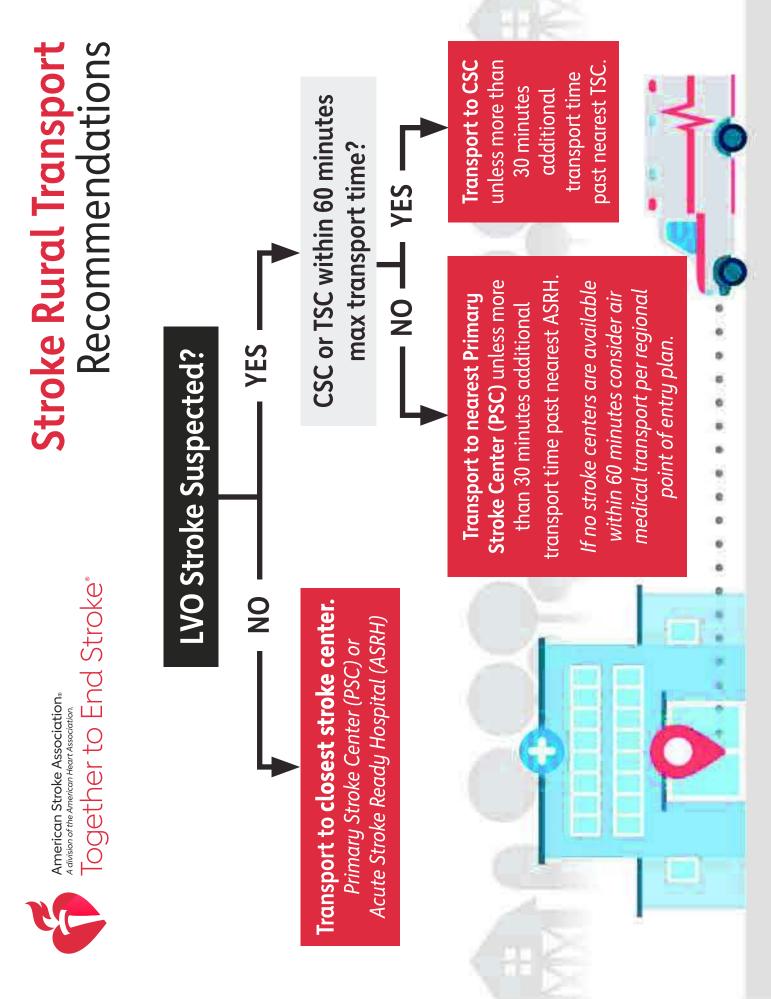
Loop Closure Date:_____

Date Date

BCRAC Hospital Questionnaire for Stroke Readiness and Compliance

| Facility: | | | | |
|--|--|-------------|-------|----------------------|
| Main Number: | F/ | AX: | | |
| Address: | | | | |
| Total Bed Capacity: | Average D | aily Cer | ISUS: | |
| Stroke Medical Direc | tor: | | | |
| ED Director: | | | | |
| Administrator: | | | | |
| Stroke Coordinator: | | | | |
| □ Level 1 - □ Level 2 - | Comprehensive Stroke Center Primary Stroke Center | ation crite | | signated @ this time |
| Level 3 – | Support Stroke Facility | Yes | No | Comments |
| Do you have a physician within 30 minutes if not | n in the ED available 24/7 or on call for arrival on site? | | | |
| Do you have a Hospital | Based EMS service? | | | |
| Do you have 24 hour C | T Scan Capability? | | | |
| Can you get a brain CT | within 20 min of pt's arrival to the ED? | | | |
| Can you get a CT interp | retation within 45 min of pt's arrival to ED? | | | |
| Does your hospital have | e interventional radiology? | | | |
| Does your hospital parti | cipate in tele-neurology? | | | |
| Do you have neurosurg | ery available 24/7? | | | |
| Can your lab hav | e these results completed within 30 minutes: | | | |
| | CBC | | | |
| | Complete Metabolic Profile | | | |
| | PT/PTT/INR | | | |
| Do you have documen | ted personnel training in stroke? | | | |
| | | Yes | No | Comments |

| Do you have a written protocol outlining stroke education? | |
|--|-----------|
| Do you have <u>annual</u> training in "Stroke Awareness: Signs and Symptoms" for personnel? | |
| Do you have personnel currently certified in administration of NIHSS for the evaluation of the acute stroke patient: | How many? |
| Do you have written Stroke Care Protocols? | |
| Does your facility administer tPA or thrombolytics? | |
| Do you have written protocols for administering thrombolytics? | |
| Do you utilize the tPA checklist prior to administering tPA? | |
| Do you have written protocols to include transport or communication criteria with collaborating / accepting Level 1 or 2 center? | |
| Do you have written transfer agreements with an EMS provider allowing stroke patients to be treated as priority one / emergent? | |
| Do you have written transfer agreements with certified Stroke Centers or facilities in active pursuit of Level 1 or 2 designation? | |
| Do you have a system to QI stroke cases? | |
| Do you provide any public awareness activities regarding stroke? | |



Endorsed by the AAN, AHA/ASA, ASNR, NAEMSP, NASEMSO, NCS, SNIS, and SVIN. <u>Stroke Rural Transport Recommendations</u>

ADDITIONAL RECOMMENDATIONS:

- include air medical transport options, define maximum allowable transport times, and consider When no Comprehensive Stroke Center (CSC) or Thrombectomy-capable Stroke Center (TSC) is available within 60 minutes ground transport time, Stroke System of Care (SSOC) should implementing advanced brain imaging options at rural community hospitals to identify eligible candidates for endovascular therapy (EVT).
- agreements with regional CSCs (or TSCs) for access to expert stroke consultation, often via EMS destination plans should prioritize rural hospitals that have formal collaboration telestroke.
- hospital stroke resources, including a dedicated stroke coordinator, and that seek to become certified as an Acute Stroke Ready Hospital (ASRH) to track their performance on evidence-EMS destination plans should prioritize rural hospitals that identify and support internal based stroke care.
- interfacility transfer will likely require local EMS for transport so the impact on service should Stakeholders should work with regional resources to establish rapid interfacility transport mechanisms for patients requiring EVT or a higher level of acute care. In rural areas, be considered.